



Presentation College



Ways parents can support student learning at home

Parental encouragement and support for learning activities at home combined with **parental** involvement in schooling is critical to children's **education**.

Parents are the first and continuing educators of their children.

Here are some top tips to support your child's learning at home.



1. Check Student Journal everyday

The student journal is the first point of contact between the teacher, student and parent. Each student should be encouraged to write down homework or work covered for each class daily. This will keep the student focused and organized.

2. Create a quiet learning environment at home.

3. Limit screen time

Too much screen time weakens communication and social skills. Even background TV provides a distraction and reduces interactions between parent and child.

4. Make a routine

5. Create a study plan.

6. Check homework is completed to the best of your child's ability.

7. Ask questions!

This will help your child recall information learned in class and open conversation.

8. Help your child revise for a test by asking questions, allow them to write out answers.

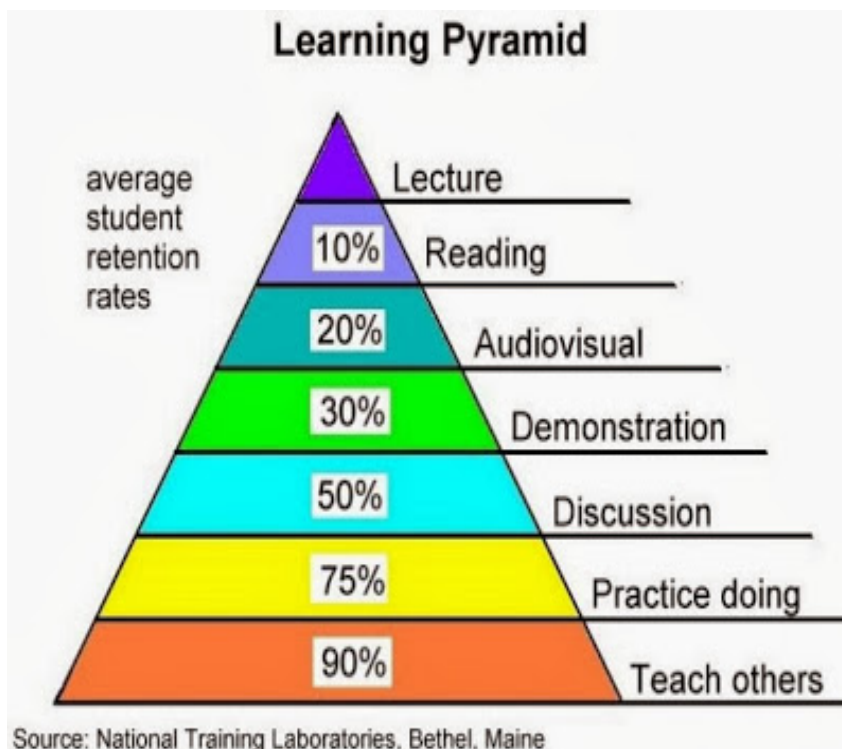
9. Contact the class teacher or Year Head if you have any concerns.

We are here to help your child be the very best they can be.



- **Good Homework Habits**

- (1.) Plan
- (2.) Take regular breaks
- (3.) Review class notes
- (4.) Set homework goals
- (5.) Keep your brain healthy, eat, drink and sleep well
- (6.) Get help from classmates, family and teachers
- (7.) Think positively



Memory Techniques – reading things out aloud, writing things out (not typing), testing self, chunking items together that relate, creating stories to link items (making it the most unusual that they can, the act of creating their own unusual story is important as opposed to using someone else's, our brain enjoys the unusual), making associations, singing the material or putting it into a rhythm. Teach someone else, the act of teaching it to someone else (parent, brother, sister, even the dog...) helps to condense and make the material more memorable.

Benefits of Supporting Learning at Home

Students will become more focused and organized in their school life
Increased academic achievement through positive reinforcement of learning at home
Building trusting and supportive relationships between parent and child

Education is not the filling of a pail, but the lighting of a fire.

WB Yeats